



# The Wild Flower



January - February

Church of the Living Spirit, Lily Dale, New York

2010

## Sunday Morning Services - 10:30 AM

Assembly Hall - Cleveland Ave. - Lily Dale, NY

Happy  
New  
Year

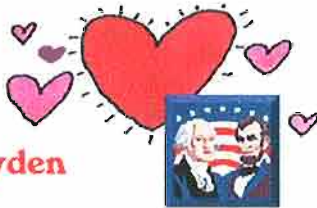


January

- 3 Lynne Wiltsie
- 10 Willa White
- 17 Ron Skowronski
- 24 Martie Hughes
- 31 Donna Riegel

February

- 7 Jessie Furst
- 14 Andrea McCabe
- 21 Jack Rudy
- 28 Colleen Vanderzyden



## Sunday Monthly Events:

Every second Sunday is Medium's Sunday. Join us after the morning service at the Lily Dale Fire Hall for fellowship, brunch and/or to register for mini-readings. Lunch is \$5 (\$2 for children), \$7 for reading or both reading & lunch for \$10. Mini-readings are held at the Assembly Hall at 1:15 PM.

Every third Sunday is Philosophy Sunday. Join Jan Fleeman after the morning service to learn more about COLS and our principles. Attendance at a Philosophy class is required to become a member of the church.

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## REGULAR ACTIVITIES:

### Tuesday

7:30 P.M. - Tuesday Night Circle with Tommy Hammerbeck and Guest Presenters at the Assembly Hall.

(Meditation/Shared lesson/ Messages) Love Donation.

**Special Winter Notice:** Circle resumes January 12th - and will meet "Weather permitting" - will not meet if a WINTER WEATHER WARNING has been posted. For verification check Tommys website after 5 P.M. for cancellation notice:

<http://tommysr.com/METAPHYSICAL%20LINKS.htm>

### Wednesday

7:30 P.M. - Community Healing Service at the Healing Temple.

### Thursday

8:00 P.M. - Drumming -1st & 3rd with George Clees (2nd & 4th with Craig Duke Thomson on hiatus until March).

## the Lending Library

Winter is a great time to catch up on some reading ....The church has a bookcase filled with books on Spiritual topics that are available for anyone to borrow ....Check it out sometime!



NOTES

## Tuesday Night Circle

with Tommy Hammerbeck & guests  
7:30 P.M. at the Assembly Hall - Lily Dale

### Schedule of Topics

January 12, 19 & 26 2010

"Emotional Freedom Techniques"

February 2, 2010

"11 Spiritual Quotes for Inspirational Moments"

February 9 & 16, 2010

"The Secret"

February 23, 2010

"The Now"



## Unpacking for a Spiritual Journey

with Medium Mary Ockuly  
Sunday March 7, 2010

1:30 P.M. - 4:30 P.M.

at the Assembly Hall - Cleveland Ave. - Lily Dale, NY  
cost \$30.00

- ★ Begin (or continue) to become aware of the things which no longer serve the journey
- ★ Discover how to release these elements with love and peace.
- ★ Undertake exercises to assist in the letting go

the Church of the Living Spirit  
made Christmas Donations to the following organizations:

- Rural Ministries of Chautauqua County*
- Northern Chautauqua Canine Rescue Society*
- Lakeshore Humane Society*
- Cassadaga Food Pantry*
- The Benedict House*
- Ronald McDonald House*
- Kevin Guest House*
- Lily Dale Volunteer Fire Company*



## Clothing Drive:

A "gently used" clothing drive is up and running. Please contribute clean and usable clothing to the cause. The collection box will be in the back of the church near the food pantry baskets. Clothing collected will be distributed to those in need in our local area. Many thanks to all who participate!

## Congratulations:

To Christopher Briggs, Paige Desaulniers, Katelyn Edel, Troy Reuther who have been inducted into the National Honor Roll Society at Cassadaga Valley High School.

To Pam Reinhoudt who has become a Certified Healer with the Church of the Living Spirit.

## Thank You:

To Roy Montgomery who placed flowers at the October 25th service in Celebration of the Life of Loretta Carey and to Carlton Weber who placed flowers at the December 6th service in Remembrance of Carlton Weber Sr's birthday.



## Welcome New Members

Kathleen Taylor - South Park, PA  
Ken Horrell - Freelon, Ontario Canada

## Looking Forward...

Sunday Service: Speaker March 7th: **Mary Ockuly**

March 14th: **Barbara Sanson**

**Intermediate Mediumship Enhancement Courses** will be conducted by the Church of the Living Spirit in the Spring. Mark your calendar for Saturday Intensive Classes: March 27th, April 10th, 17th, 24th, May 1st & 15th. Each Saturday 10:00A.M. to 4:00 P.M. All classes will be taught by COLS Certified or Lily Dale Registered Mediums. This course will prepare the student for Certification with the Church. Details to follow in Mar/Apr.

Newsletter.

**FUN FEST 2010:** This year's FunFest will be held August 7th. Please see any Board Member if you have ideas or a willingness to help organize this year's event.

## To Give: To Receive:

**Help with Medium's Brunch** - To help with food, in the kitchen, or to serve call Cecily Rivers at 716-595-2275. To volunteer as a medium for the mini-readings - call Gerta Lestock at 716-595-2434.

**Donate Flowers** - Donate flowers for the Sunday service to celebrate a special event or as a remembrance. Call Roy Montgomery at 716-595-3196.

**Teach a Class or Offer a Workshop** - The Education & Workshop Committee is currently booking workshops and has open evenings for classes. Submit proposals for approval to COLS, P.O. Box 224, Lily Dale, NY 14752 or call Suzanne Hamilton-Redding at 716-296-8971.

**Offer your Musical Talents** to sing or play an instrument for the Sunday service contact Carlton Weber at 716-595-2233.

**Help those in need** - bring a non-perishable food item, a pet food item or gently used clothing and place in the baskets and boxes at the back of the church for donation to local charities.

**Other Talents or Ideas for Service** - Contact any Board Member and share them.....

**If you or a family member has an illness or are in need of spiritual support, please contact Donna Riegel@ 716-595-2695**

### Healers on Call

( Area Code 716)

**Jan: Pam Reinhoudt**.....785-6023  
Carolyn Sampson (alternate).....483-6334  
**Feb: Jack Rudy**.....962-5024  
Colleen Vanderzyden (alternate).....673-1606

### Ministers of the Church of the Living Spirit

All Year .....**Rev. Neal Rzepkowski**.....679-7731  
All Year.....**Rev. Donna Riegel**.....595-2695  
All Year.....**Rev. Judith Rochester**.....595-3526  
All Year.....**Rev. E. Gerta Lestock**.....595-2434  
May - Nov.....**Rev. Patricia Price**.....595-3008  
June-Aug.....**Rev. John Gordon**.....595-2742  
June-Aug.....**Rev. Rose Clifford**.....England

*Our Ministers are ready and willing to receive any requests for calls or visits. Call one of them or Danielle Reuther at 716-595-2638 with your request.*

Church Activities Phone Number.....716-595-3989

Prayer Line.....716-595-2163

**Special Event & Workshop Notification:** If you would like to be notified of special events and upcoming workshops, please send your email address to [maryr62262@lycos.com](mailto:maryr62262@lycos.com) and put **COLS alert** in the subject line. Your email will be kept confidential and not shared with any other organization. You can be removed at anytime upon your request.

# "The President's Message:"

Winter Wonder



A serene peace covers the earth, the soft white snow outlining every detail of Mother Nature's Naked Beauty. Skies so clear and crisp with stars so bright you can reach out and touch them. In these moments of silence you feel the peace and wonder of winter. This is a time to reflect on the joys and sorrows of the past—a time to contemplate the possibilities of the future and a time to embrace the beauty of the silence and listen to the wisdom of with-in.

Grandfather Wind stirs and in the matter of moments the beauty and serenity can become fierce—challenging survival. We embrace the experience, knowledge and the wisdom (sense of knowing) to guide us to safety. Nature has shown us the Saga of Life. Spirit's Human Journey on a Spiritual Quest, life's experiences of peace, contentment and beauty and times of struggle, difficulties and challenges. And they come and go and for each and every one of us for they help us to grow in our own understanding of our unique purpose and path. In the quiet of the peaceful winter serenity I listened and heard this music running through my head. I would like to share it with you. "The road is long with many a winding turn, which lead us to who knows when - who knows where. But I am strong- strong enough to carry him- He ain't heavy – He's my Brother. So on we go- His welfare is my concern- no burden is he to bear, we'll get there – For I know he would not encumber me- He ain't heavy- He's my brother. If I'm laden at all I am laden with sadness that everyone's heart isn't filled with the gladness of Love for One Another. It's a long –long road for which there is no return, while we're on the way to who knows when-- who knows where— why not share? And the load doesn't weigh me down at all—He's not heavy – He's my Brother." If God is all there is – the only way to serve God is to serve each other—He's not heavy, He's my Brother. Serve in Love Your Unique Gifts.

\*"He Ain't Heavy—He's My Brother" written by Bob Russell and Bobby Scott.

Blessing of Peace and Love,  
Donna



## 2009-2010 Church Board of Trustees:

- Donna Riegel.....(716) 595-2695
- President ..... driegel@stny.rr.com
- Suzanne Hamilton-Redding.....(716) 296-8971
- Vice President .....SuzeDoc@aol.com
- Dot Lazarony.....(716) 595-3226
- Corresponding Sec.....dortl45@gmail.com
- Pam Reinhoudt.....(716) 785-6023
- Treasurer.....email not available
- Colleen Vanderzyden.....(716) 673-1606
- Recording Sec.....colleen@netsync.net
- Mary Rolick.....(716) 9389110
- Trustee.....Maryr62262@lycos.com
- Craig Thomson.....(716) 934-2166
- Trustee.....email not available

## Church Membership

The new Church year started on September 1st. You may use the mail or go online to pay your yearly dues of \$20.00 and update any name or address changes to: COLS, PO Box 224, Lily Dale, NY 14752. Per the recent by-law change: "Membership renewals are payable no later than May 30th. of the current fiscal year."

### Pay dues and make donations online:

We have added PayPal to our web page. It's easy! Please log onto [www.churchofthelivingspiritilydale.com](http://www.churchofthelivingspiritilydale.com) & look for the PayPal button.

### 2009 Christmas Poinsettia Donations

- In Memory of Dosado Family Members by Charles Dosado
- In Honor of Family & Friends by Martie Hughes
- In Memory of Roy Montgomery Sr. & Loretta Carey by Roy Jr
- In Memory of Jeff Mann by MK Roland
- In Memory of Josephine Roma by Michel & MK Roland
- In Memory of Carlton Weber Sr. by Carlton Weber
- In Celebration of the Joy of Giving by several Anonymous Donors

### Sunday Flower Donations: suggested donation \$25 - \$30 does 2 vases)

For Date of: \_\_\_\_\_

In Memory of: \_\_\_\_\_

In Honor of: \_\_\_\_\_

Donated by: \_\_\_\_\_

Mail to arrive 2 weeks before the requested date to: COLS, PO Box 224, Lily Dale, NY 14752

# Prayer for Spiritual Healing

I ask the Great Unseen Healing Force  
To Remove All Obstructions  
From My Mind and Body  
And to Restore Me to Perfect Health.  
I ask This in All Sincerity and Honesty  
And I Will Do My Part.  
I ask This Great Unseen Healing Force  
To Help Both Present and Absent Ones  
Who Are in Need of Help  
And to Restore Them to Perfect Health  
I Put My Trust  
In the Love and Power of God.

## Mission Statement:

We are an independent Spiritualist Church that supports the God of your own understanding. We practice, promote, and teach unconditional love. We refer to our principles as guidelines. We offer a safe and sacred place for everyone to freely discover and develop their path, purpose and spiritual nature.

Visit us on the web:  
[www.churchofthelivingspiritlilydale.com](http://www.churchofthelivingspiritlilydale.com)

## Our Principles:

1. We Believe In God
2. We Believe That God Is All There Is.
3. We Affirm The Divine Right of Individuals  
To Seek The Truth Within Their Own Hearts.
4. Life Is Eternal.
5. Spiritual Progression Is Eternal And Infinite.
6. We Believe That Communication Between  
All Planes Of Existence Is A Reality.
7. The Ultimate Expression Of Loving God Is  
To "Love Thy Neighbor As Thyself."
8. We Believe In Personal Responsibility And  
That Individuals Create Their Own Reality  
According To Natural Law.
9. We Affirm The Innate Gifts Of Mediumship  
And Healing Are Expressions Of God's Love.

Church of the Living Spirit  
P. O. Box 224  
Lily Dale, New York 14752-0224



Save a Tree, Go Green - get your Wildflower by email:  
send your email address to: [cols@netsync.net](mailto:cols@netsync.net)

# Tuesday Night Circle

with Tommy Hammerbeck & guests  
7:30 P.M. at the Assembly Hall - Lily Dale

## Schedule of Topics

January 12, 2010

"Emotional Freedom Techniques"

January 19, 2010

"Emotional Freedom Techniques"

January 26, 2010

"Emotional Freedom Techniques"

February 2, 2010

"III Spiritual Quotes for Inspirational Moments"

February 9, 2010

"The Secret"

February 16, 2010  
"The Secret"

February 23, 2010  
"The Now"

Circle will be held as weather permits - will not be held if WARNING posted  
check <http://tommysr.com/METAPHYSICAL%20LINKS.htm> by 5 P.M. for cancellation information

Sponsored by Church of the Living Spirit

Note: The opinions of the workshop facilitators or lecturers are not necessarily those of the  
Church of the Living Spirit or of the Lily Dale Assembly.

# Unpacking for a Spiritual Journey

with Medium Mary Ockuly

Sunday March 7, 2010

1:30 P.M. - 4:30 P.M.

at the Assembly Hall - Cleveland Ave. - Lily Dale, NY

cost \$30.00



We are on a spiritual path, but sometimes we are stuck by life's events. Much of the time our lives are so full that we forget to feed our soul. In reality, "packing for a spiritual journey" is a misnomer; we need to "unpack" a lot of baggage in order to begin. In this session we will be doing a little house (soul) cleaning. To help with the process we will:

- ★ Begin (or continue) to become aware of the things which no longer serve the journey. You'll identify what you no longer need in your life. What are the ways you hold tight to the thoughts that hold you back from moving forward on your journey?
- ★ Discover how to release these elements with love and peace. By sharing one aspect of your life and listening to the ideas of others, you might be amazed to learn how much we have in common!
- ★ Undertake exercises to assist in the letting go, including writing our thank-you's and participating in a burning bowl ceremony.

There is a "thoughtstopping" mechanism to be used when we recognize which piece of baggage is throwing up the barrier for growth. We need to become discontent with the areas of our lives that do not nourish our inner growth. Let's look in the mirror, take a loving look at those traveling with us, begin to release what is holding us back and recognize the pile of "good" things we have to take along.

**Mary Ockuly** has integrated her Master's Degrees in Theology and Clinical Counseling with her natural healing ability. Mary is a Lily Dale Registered Medium and a certified healer & medium with the Church of the Living Spirit. She has been a practitioner & teacher of Therapeutic Touch for 15 years.

Sponsored by Church of the Living Spirit

Note: The opinions of the workshop facilitators or lecturers are not necessarily those of the Church of the Living Spirit or of the Lily Dale Assembly.

